

Dear BPSA – IPSC instructor, trainer, coach

the BPSA-NFII organizes a first aid course with a focus on shooting sports. In a first instance this information session, which is totally free of charge, is intended for the current instructors, trainers and coaches and will be an opportunity for maintaining their certification.

In order to make it all happen we have found the willing cooperation of two specialists, also IPSC shooters, to guide our instructors monitors in the matter.

**Dr. Vincent Laforge (Anesthesiologist - Reanimator) for the FR part**  
**Dr. Jean Paul Deleuze (Surgeon) for the NL part**

The course will consist out of a theoretical and practical part and will take more or less half a day ( 5 hours )

**Place: Centre Sportif « La Mosane »**  
**Allée du Stade 3**  
**5100 Jambes**  
**Tel +32 81 322 350**

**Time : Sunday 16/06/2019**

**For the french speakers : 08-12h**  
**For the Dutch speakers : 14-19h**

Module 1:

- General first aid based on BLS (basic life support)
- Intro to resuscitation using AED (Automatic External Defibrillators)
- External heart massage on manikin (depending on the number of participants)

Module 2:

- basic concepts about ballistic injuries
- details about ballistic traumas
- details of the first necessary concerns (bleeding; lesions in the chest and respiratory tract.
- Exercises: compression on a victim, compression on itself